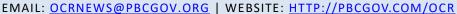
PALM BEACH COUNTY OFFICE OF COMMUNITY REVITALIZATION







Countywide Community Revitalization Team Meeting Minutes

Meeting Title: Countywide Community Revitalization Team Meeting

Facilitator: Houston Tate, OCR Director

Minutes Prepared by: William Wynn, OCR Senior Planner

Date/Time: February 19, 2019

Location: 2300 N Jog Rd., Room 1W-47, West Palm Beach, FL 33411

Meeting Attendance:

1. Joanna Aiken SWA

2. Lisa Berschein FL Dept of Health in PBC

3. Rudy Bester Memory Trees4. Vivian Brooks PBC OCR5. Deputy Cassie PBSO

6. Shannon Doughney Cabana Colony Resident

7. Deputy Ellis8. Deputy Forbe9. Deputy GomezPBSO

10. Charbel Khadij PBC Fire Rescue

11. Chrystal Mathews PBC OCR

12. Jean Matthews PBC Parks & Rec

13. Lt. Chris Myers PBSO

14. Fadi Nassar PBC Engineering

15. Michael Owens School District of Palm Beach County

16. Rev Wayne Padgett
 17. Micheline Paul
 18. David Rafaidus
 Crossroads Baptist Church
 Lantana Homes Resident
 PBC Community Services

19. Dennis Reichel Riviera Beach CDC (Master Gardener)

20. Sam Roman PBSO

21. Leroy Rouse Gramercy Park Resident

22. Virginia Savietto PBC District 2 Commissioner's Office

23. Barbara Schilling24. Claudio SilvaggiPBSO COP-VolunteerRiviera Beach Resident

25. Michael Sklar PBC Economic Sustainability

26. Houston Tate PBC OCR

27. Debra Tendrick Eat Better Live Better (EBLB)

February 19, 2019 CCRT Meeting Page 1 of 3

28. Naria Thirbenny

29. Thomas Totz Plantation Resident

30. Deputy Vessage PBSO

31. William Wynn PBC OCR

Meeting Minutes

I. Welcome and Introductions: Houston Tate, Director OCR, called the meeting to order at 6:12 p.m. and asked the Countywide Community Revitalization Team (CCRT) members to introduce themselves and go over the mission/purpose of their respective organizations. Ruth Moguillansky, OCR Principal Planner introduced herself and asked the OCR team to introduce themselves.

II. Department Updates:

III. Presentation: Eat Better Live Better (EBLB) - Debra Tendrich, CEO/Founder

During the presentation Ms. Tendrich discussed What is stopping the community from becoming healthy? Why should you care? What are some solutions?

Eat Better Live Better is a non-profit organization that is on a mission to prevent, reverse and reduce childhood obesity.

- We are evidence based
- Served 5,000 kids parents and teachers

Our mission

Provide our fun, effective and affordable nutrition curriculum for schools and sites all over the country to help prevent, reverse and reduce childhood obesity.

Why should we combat the childhood obesity epidemic?

- Childhood obesity is the 2nd largest childhood issue. Bullying is 1^{st.}
- Parents are outliving their children.
- 60% of bullying is triggered from body image
- 160,000 kids miss school from bullying every day
- Overweight and obese kids are 4X's more likely to miss school.
- 19,000 bullied children attempt suicide every year

Community Effects!

- Crime
- Education
- Economics
- Health

Designed age appropriate curricula to teach nutrition to kids of all ages.

- K-5th Grade Programming
- Middle & High School
- Health Advocacy Workshop
- Parent & Workplace Workshops

- Shopping Healthy On A Budget
- Farmers Market & Grocery Store Tours
- Healthy Food Substitutions
- Eat This Not That
- Cooking Classes
- Nutrition Label Reading
- Pantry Clean Outs
- And More

ONLINE COURSE FOR EDUCATORS

Our program empowers the students to make healthy food choices and become nutritionally responsible and aware.

HOW CAN I GET INVOLVED?

- Host a fundraiser
- ❖ Volunteer
- Donate
- Share our message
- Sponsor A School or Event
- Attend our events
- Host a workshop

IV. Questions/Comments:

The meeting adjourned at 7:07 p.m.

Approved by: Houston L. Tate, OCR Director_______