



PALM BEACH COUNTY OFFICE OF COMMUNITY REVITALIZATION

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Countywide Community Revitalization Team Meeting Minutes

Meeting Title: Countywide Community Revitalization Team Meeting
 Facilitator: Houston Tate, OCR Director
 Minutes Prepared by: William Wynn, OCR Senior Planner
 Date/Time: February 19, 2019
 Location: 2300 N Jog Rd., Room 1W-47, West Palm Beach, FL 33411

Meeting Attendance:

- | | |
|-----------------------|--------------------------------------|
| 1. Joanna Aiken | SWA |
| 2. Lisa Berschein | FL Dept of Health in PBC |
| 3. Rudy Bester | Memory Trees |
| 4. Vivian Brooks | PBC OCR |
| 5. Deputy Cassie | PBSO |
| 6. Shannon Doughney | Cabana Colony Resident |
| 7. Deputy Ellis | PBSO |
| 8. Deputy Forbe | PBSO |
| 9. Deputy Gomez | PBSO |
| 10. Charbel Khadij | PBC Fire Rescue |
| 11. Chrystal Mathews | PBC OCR |
| 12. Jean Matthews | PBC Parks & Rec |
| 13. Lt. Chris Myers | PBSO |
| 14. Fadi Nassar | PBC Engineering |
| 15. Michael Owens | School District of Palm Beach County |
| 16. Rev Wayne Padgett | Crossroads Baptist Church |
| 17. Micheline Paul | Lantana Homes Resident |
| 18. David Rafaidus | PBC Community Services |
| 19. Dennis Reichel | Riviera Beach CDC (Master Gardener) |
| 20. Sam Roman | PBSO |
| 21. Leroy Rouse | Gramercy Park Resident |
| 22. Virginia Savietto | PBC District 2 Commissioner's Office |
| 23. Barbara Schilling | PBSO COP-Volunteer |
| 24. Claudio Silvaggi | Riviera Beach Resident |
| 25. Michael Sklar | PBC Economic Sustainability |
| 26. Houston Tate | PBC OCR |
| 27. Debra Tendrick | Eat Better Live Better (EBLB) |

- 28. Naria Thirbenny
- 29. Thomas Totz Plantation Resident
- 30. Deputy Vessage PBSO
- 31. William Wynn PBC OCR

Meeting Minutes

I. Welcome and Introductions: Houston Tate, Director OCR, called the meeting to order at 6:12 p.m. and asked the Countywide Community Revitalization Team (CCRT) members to introduce themselves and go over the mission/purpose of their respective organizations. Ruth Moguillansky, OCR Principal Planner introduced herself and asked the OCR team to introduce themselves.

II. Department Updates:

III. Presentation: Eat Better Live Better (EBLB) – Debra Tendrich, CEO/Founder

During the presentation Ms. Tendrich discussed What is stopping the community from becoming healthy? Why should you care? What are some solutions?

Eat Better Live Better is a non-profit organization that is on a mission to prevent, reverse and reduce childhood obesity.

- ❖ We are evidence based
- ❖ Served 5,000 kids parents and teachers

Our mission

Provide our fun, effective and affordable nutrition curriculum for schools and sites all over the country to help prevent, reverse and reduce childhood obesity.

Why should we combat the childhood obesity epidemic?

- Childhood obesity is the 2nd largest childhood issue. Bullying is 1st.
- Parents are outliving their children.
- 60% of bullying is triggered from body image
- 160,000 kids miss school from bullying every day
- Overweight and obese kids are 4X's more likely to miss school.
- 19,000 bullied children attempt suicide every year

Community Effects!

- Crime
- Education
- Economics
- Health

Designed age appropriate curricula to teach nutrition to kids of all ages.

- K-5th Grade Programming
- Middle & High School
- Health Advocacy Workshop
- Parent & Workplace Workshops

- ❖ Shopping Healthy On A Budget
- ❖ Farmers Market & Grocery Store Tours
- ❖ Healthy Food Substitutions
- ❖ Eat This Not That
- ❖ Cooking Classes
- ❖ Nutrition Label Reading
- ❖ Pantry Clean Outs
- ❖ And More

ONLINE COURSE FOR EDUCATORS

Our program empowers the students to make healthy food choices and become nutritionally responsible and aware.

HOW CAN I GET INVOLVED?

- ❖ Host a fundraiser
- ❖ Volunteer
- ❖ Donate
- ❖ Share our message
- ❖ Sponsor A School or Event
- ❖ Attend our events
- ❖ Host a workshop

IV. Questions/Comments:

The meeting adjourned at 7:07 p.m.

Approved by: Houston L. Tate, OCR Director _____